



***ROAD RUNNERS***



# 2021

## Board of Directors

### **Officers:**

President – Dan Inglis

Vice President – Maura Lamb

Treasurer – Beth Sheibley

Secretary – Janice Mullaney

### **Directors-at-Large:**

Pam Corkery, Patti Daniels, Frank Donaghy, Nicole Dorr,  
Tom Dorr, Jessica Foley, JT Frucci, John Goldrosen,  
Dave Martin, Anthony McCauley, Greg O'Connor, Wayne Smith,  
Tom Stracqualursi, Jeff Sweeney, Ed Valentine

## **THANK YOU for your Leadership**



# President's 2021 Year in Review



# 2021

started out pretty awful due to COVID

- We cancelled our BrrRUNch run on New Year's Day
- We cancelled our Winter FUN Runs
- We cancelled our Annual Awards Banquet (awards were communicated via a prerecorded Zoom meeting, all physical awards were delivered or shipped to our award recipients)
- We cancelled the Paddy Kelly 5 Mile Road Race, Blue Hills Trail Races, Christopher's Run and the Kids Track Series
- We cancelled our entire 2021 Grand Prix Racing Series
- We cancelled our Spring Boston Marathon Training Runs because the Boston Marathon was rescheduled for 10/11/2021

**and then points of light started to shine through the clouds of COVID**



# 2021

## Outdoor (In-Person) Running Returns

- We created a new Award called the Running Mileage Challenge to keep our members focused on running, it was a bridge to brighter days ahead
- The Spring Beginners Running Program was our first In-Person running event
- Track workouts were opened in May
- Summer FUN RUNs opened in June
- Boston Marathon Training Runs occurred over the Summer and Fall
- Houghton's Pond Trail Races were held in October
- The Boston Marathon was held on 10/11/2021 and our waiver recipients and CRR members who received entries rocked the marathon
- The Fall Beginners Running Program concluded on 10/30
- We had record setting registrations for the Frosty Half Marathon
- We reopened our Winter FUN RUNs

**We're not out of COVID yet but our club is running In-Person again!**



# How we feel about the Future





# 2021

## Giving Back and Building Excitement for 2022

- We extended all CRR Memberships through 12/31/2021 at no charge
- We continued selling legacy logo clothing at 50% off
- We offered discounted CRR Singlets
- We donated \$6,000 to the Old Colony YMCA to help residents within the communities we run
- We offered discounted CRR Long Sleeved shirts
- We created a new Running Mileage Challenge Award to keep our members motivated
- We approved a new Grand Prix Award category for 2022
- We engaged Pride On Foot to help us understand how to be a more accepting and inclusive running club
- Jessica Foley, Michelle Ladonne and Ed Valentine received Invitational Entries to the 2022 Boston Marathon



# 2021 Awards Presentation





# Consecutive Running Days



# Consecutive Running Days Award

**Lauren Adams – 101**

**Lucia Alzaga – 94**

**Ana M. Bulger-Roland – 126**

**Barbara Hutt – 90**

**Daniel Inglis – 150**



# Consecutive Running Days Award

**David S. Kearney – 100**

**Betsy Knapp – 272**

**Dave LeClair – 245**

**Kara LeClair – 245**

**Gail Martin – 90**



# Consecutive Running Days Award

**Beth Phillips – 90**

**Misty Pisani – 230**

**Sue Simmons – 365**

**Amy Solomon – 114**

**Michael H. Stefano – 191**



# Consecutive Running Days Award

**Ed Swartz – 100**

**Steven Warren – 365**

**Thomas Welch Jr. – 124**

**Woody Wilson – 150**



Congratulations to all **19** members  
that completed the 90+  
Consecutive Running Days Award

**2 members ran every day of 2021**



# New England Award



# New England Award

**Lucia Alzaga**

**Kristin Bigelow**

**Patricia Everett**

**Paul Everett**

**Lorraine Fano**

**John Goldrosen**





# New England Award

**Nancy Hill**

**Cheryl King**

**Betsy Knapp**

**Patricia L'italien**

**Ellen Litt**

**Mike Lozan**



# New England Award

**Justice Martins**

**Linda Morris**

**Kellie Silveira**

**Michael H. Stefano**



# Iron Runner Award



## Iron Runner Award

**John Goldrosen – 259.5**

**Betsy Knapp – 265.43**

**Ed Swartz – 285**

**Edward Valentine – 254**



# Trailblazer Award



# Trailblazer Award

**John Goldrosen – 204**



# Ultimate Award



Ultimate Award

**John Goldrosen**





# Running Mileage Challenge Award



# Running Mileage Challenge Award

## Gold (2,000 Miles)

**Lucia Alzaga – 2,001.9**

**Marie Blotner – 2,052**

**Ana Bulger-Roland – 2,021**

**Daniel Inglis – 2,021**

**David Krall – 2,008**



# Running Mileage Challenge Award

## Gold (2,000 Miles)

**Drew Martins – 2,113.2**

**Erzsebet (Liz) Medeiros – 2,069.3**

**Sue Simmons – 2,124**

**Ed Valentine – 2,190**



# Running Mileage Challenge Award

Gold (2,000 Miles)

**Edward Valentine – 2,190**



# Running Mileage Challenge Award

Silver (1,500 Miles)

**Jon-Paul Correira – 1,808**

**Debby Law – 1,555**

**Greg O'Connor – 1,627**

**Misty Pisani – 1,500**

**Julie Sargeant – 1,916**



# Running Mileage Challenge Award

Silver (1,500 Miles)

**Stephen Warren – 1,777**



# Running Mileage Challenge Award

## Bronze (1,000 Miles)

**Lauren Adams – 1,202**

**Kristin Bigelow – 1,145**

**Doug Clinton – 1,233**

**Kevin Colby – 1,086**

**Stacy Cooper – 1,136**



# Running Mileage Challenge Award

## Bronze (1,000 Miles)

**Pattiann Daniels** – 1,123.4

**Brian Dillon** – 1,000.4

**John Goldrosen** – 1,010.1

**Barbara Hutt** – 1,155.7

**David S. Kearney** – 1,229





# Running Mileage Challenge Award

## Bronze (1,000 Miles)

**Art Kinnealey – 1,045**

**Betsy Knapp – 1,247.85**

**Gail Martin – 1,002**

**Justice Martins – 1,346**

**Madeleine Mbuyamba – 1,198**



# Running Mileage Challenge Award

## Bronze (1,000 Miles)

**John McLaughlin** – 1,200

**Beth Phillips** – 1,276

**Amy Solomon** – 1,240

**Sarah Smith** – 1,014

**Ed Swartz** – 1,052



# Running Mileage Challenge Award

## Bronze (1,000 Miles)

**Matthew Walsh – 1,000**

**Thomas Welch Jr. – 1,327**

**Woody Wilson – 1,105**

**Buddy Wilt – 1,064**



# Boston Marathon Qualifier Award



# Boston Marathon Qualifier Award

**Lucia Alzaga**

45-49

3:38:39

Boston Marathon



# Boston Marathon Qualifier Award

**Ted Brady**

60-64

3:48:23

Wineglass Marathon



# Boston Marathon Qualifier Award

**Stacy Cooper**

45-49

3:48:58

Philadelphia Marathon



# Boston Marathon Qualifier Award

**Jon-Paul Correira**

50-54

3:21:32

Eversource Hartford Marathon





# Boston Marathon Qualifier Award

**Julie Sargeant**

50-54

3:43:19

Baystate Marathon



# President's Award



President's Award

**Jon-Paul Correira**

50-59

5k

20:13

Myrtle Beach Turkey Trot



# President's Award

**Ted Coyle**

50-59

5k

20:54

Marshfield Run for the Hills



# President's Award

**Ted Coyle**

50-59

5 Mile

33:31

Dreamcatcher



# President's Award

**Ted Coyle**

50-59

$\frac{1}{2}$  Marathon

1:29:50

Cheap Half Marathon



# President's Award

**Dave LeClair**

60-69

5k

22:35

Attleboro Gobble Wobble 5K



# President's Award

**David Krall**

50-59

5k

18:11

Run for Kate





# President's Award

**David Krall**

50-59

5 Mile

29:40

Dreamcatcher



# President's Award

**David Krall**

50-59

$\frac{1}{2}$  Marathon

1:25:00

South Shore Half



# President's Award

**Julie Sargeant**

50-59

10k

48:53

Narragansett 10k  
(Summer Running Festival)



President's Award

**Edward Valentine**

Under 40

5k

18:25

Annual Braintree Athletic Association

Thanksgiving 5k



# Club Record Award



# Club Record Award

**Ted Brady**

60-69

$\frac{1}{2}$  Marathon

1:45:48

Cheap Half Marathon



# Club Record Award

**Stacy Cooper**

40-49

5k

22:24

McQuiggan's Pub 5k



# Club Record Award

**David Krall**

50-59

5k

18:11

Run for Kate





Club Record Award

**Julie Sargeant**

50-59

Marathon

3:43:19

Baystate Marathon



# Club Record Award

**Kellie Silveira**

40-49

10 Mile

2:31:51

Bank Newport 10 Miler



## Fun Fact

Colonial Road Runners  
Ran a minimum of

**76,713.18 Miles**

**(That's equivalent to running 3.08 times around the circumference of the Earth)**

To achieve their 2021 Awards



2021

Presidential Award



# Julie Sargeant

Julie has earned this award for her leadership of the CRR Beginners Running Program that she conducted in the Spring and Fall of 2021. The Spring BRP was also the first CRR event held in-person during COVID, Julie executed a well thought out safety plan for the runners and volunteers. This set the stage for CRR opening other in-person events in 2021. Julie is recognized as a mentor, motivator and running enthusiast all bundled into a single person.

Julie is also the Race Director for our Abington Winter Fun Runs and has volunteered at many other CRR events throughout 2021.

Julie's Leadership, Volunteerism, Commitment and Endless Enthusiasm for all things CRR is always on display and is very much appreciated by existing and soon to be CRR members.

In her spare time, Julie ran the Baystate Marathon and qualified with a time of 3:43:19 to run the 2022 Boston Marathon!





This Concludes Our  
2021  
Awards Presentation  
**THANK YOU**



***ROAD RUNNERS***