

Colonial Road Runners – Facebook Group Posting Policy

Colonial Road Runners wants to promote a runner friendly, informative and enjoyable online experience for members of CRR's Facebook community. We request that all posts are related to running. This includes your running goals, training, races/results, running related health/injuries, nutrition, fundraisers, mantras, music, etc. So in the simplest terms, if your post relates to your personal running then post away, if it doesn't relate to your personal running then post on your own Facebook page.

Business advertising of running products, goods or services must be preapproved by the CRR Group Page administrator. Any non-approved advertisement will be removed without notice.

Content and comments containing any of the following are not allowed for posting on our page and will be removed without notice:

- Non running related business advertising
- Profane language or content;
- Personal attacks on individuals or specific groups;
- Content that promotes, fosters or perpetuates discrimination on the basis of race, creed, color, age, religion, gender, marital status, status with regard to public assistance, national origin, physical or mental disability or sexual orientation, or any other form of discrimination, in the sole discretion of Colonial Road Runners;
- Sexual content or links to sexual content;
- Conduct or encouragement of illegal, harmful or offensive activity;
- Content determined to be inappropriate, in poor taste, or otherwise contrary to the purposes of this forum, in the sole discretion of Colonial Road Runners.

If you have any questions about this policy or to report any abuses of it, please send us a message and we will follow up with you.

The administrator and all future administrators reserve the right to remove a post that violates the group rules and reserves the right to update and modify these rules as the needs of the group dictate so as to ensure smooth group conversation/sharing.