

### 2017 Hdcp Starting Times (Abington)

	M/M	Best Time			Delta	Start
<b>1</b>	16:41	54:33	Roy	Leander	00:00	<b>6:30:00</b>
<b>2</b>	15:48	51:40	Thomas	Welch	02:53	<b>6:32:00</b>
	15:47	51:38	Thomas	WelchIII	02:55	<b>6:32:00</b>
<b>3</b>	15:38	51:09	Betsy	Knapp	03:24	<b>6:33:00</b>
<b>4</b>	15:08	49:29	Anne Marie	McDonald	05:04	<b>6:35:00</b>
<b>5</b>	13:55	45:30	Ellen	Litt	09:03	<b>6:39:00</b>
<b>6</b>	13:44	44:56	Kathleen	Garland	09:37	<b>6:39:30</b>
<b>7</b>	13:36	44:29	Paul	Dabene	10:04	<b>6:40:00</b>
<b>8</b>	13:19	43:34	Elizabeth	Brosseau	10:59	<b>6:41:00</b>
<b>9</b>	13:06	42:49	John	Fournier	11:44	<b>6:41:30</b>
<b>10</b>	12:53	42:07	Brian	Mason	12:26	<b>6:42:30</b>
<b>11</b>	12:39	41:21	Anne	Shinney	13:12	<b>6:43:00</b>
<b>12</b>	12:34	41:07	Paul	Everett	13:26	<b>6:43:30</b>
	12:09	39:45	John	Goldrosen	14:48	<b>6:45:00</b>
<b>13</b>	12:09	39:44	Karen	Kawa	14:49	<b>6:45:00</b>
	12:08	39:39	Faith	Tubon	14:54	<b>6:45:00</b>
<b>14</b>	11:56	39:02	Amy	Bucelewicz	15:31	<b>6:45:30</b>
<b>15</b>	11:47	38:31	Liz	Usowicz	16:02	<b>6:46:00</b>
	11:41	38:12	Ellen	Gustafson	16:21	<b>6:46:00</b>
	11:31	37:41	Laurene	Ellis	16:52	<b>6:47:00</b>
	11:31	37:39	Jim	Stone	16:54	<b>6:47:00</b>
<b>16</b>	11:31	37:38	Vincent	Wilson	16:55	<b>6:47:00</b>
	11:29	37:33	Jeanne	Wallis	17:00	<b>6:47:00</b>
	11:26	37:23	Erin	Ledin	17:10	<b>6:47:00</b>
<b>17</b>	11:23	37:12	William	Hughes	17:21	<b>6:47:30</b>
<b>18</b>	11:13	36:42	Susan	Yellope	17:51	<b>6:48:00</b>
	11:05	36:16	Nichole	Levesque	18:17	<b>6:48:30</b>
<b>19</b>	11:01	36:01	Florence	McKenna	18:32	<b>6:48:30</b>
	10:57	35:50	Christine	Aiello	18:43	<b>6:48:30</b>
	10:57	35:50	Michelle	Brooks	18:43	<b>6:48:30</b>
	10:55	35:43	Emilie	Bent	18:50	<b>6:49:00</b>
	10:53	35:35	Kristin	Bigelow	18:58	<b>6:49:00</b>
	10:53	35:35	Katy	Mayo	18:58	<b>6:49:00</b>
<b>20</b>	10:52	35:33	Anthony	Ta	19:00	<b>6:49:00</b>
	10:52	35:31	Nicolle	Nagle	19:02	<b>6:49:00</b>
	10:50	35:25	Joseph	Barry	19:08	<b>6:49:00</b>
	10:49	35:21	Louise	McLaughlin	19:12	<b>6:49:00</b>
	10:48	35:18	Julia	Burm	19:15	<b>6:49:30</b>

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	M/M	Best Time			Delta	Start
<b>21</b>	10:47	35:16	Emma	Nagle	19:17	<b>6:49:30</b>
	10:45	35:10	Gerald	Boardman	19:23	<b>6:49:30</b>
	10:45	35:09	Avs	Clancy	19:24	<b>6:49:30</b>
	10:44	35:05	Shannon	Kiely	19:28	<b>6:49:30</b>
<b>22</b>	10:38	34:45	Merideith	Stetson	19:48	<b>6:50:00</b>
	10:33	34:29	Lily	Bonner	20:04	<b>6:50:00</b>
	10:33	34:29	Heather	Dickerson	20:04	<b>6:50:00</b>
	10:32	34:28	Justin	Dickerson	20:05	<b>6:50:00</b>
	10:32	34:27	Danielle	Grafton	20:06	<b>6:50:00</b>
<b>23</b>	10:27	34:09	Ilene	Fabisch	20:24	<b>6:50:30</b>
	10:26	34:06	Linda	Morris	20:27	<b>6:50:30</b>
	10:24	34:01	Jill	Gurnon	20:32	<b>6:50:30</b>
	10:24	34:00	Linda	Sacchetti	20:33	<b>6:50:30</b>
	10:21	33:51	Cheryl	Ledin	20:42	<b>6:50:30</b>
<b>24</b>	10:16	33:33	Zach	Buccigross	21:00	<b>6:51:00</b>
	10:13	33:24	Kim	White	21:09	<b>6:51:00</b>
	10:12	33:22	Lisa	Faria	21:11	<b>6:51:00</b>
	10:12	33:22	Lucy	Jordan	21:11	<b>6:51:00</b>
	10:12	33:21	Lauren	Adams	21:12	<b>6:51:00</b>
	10:12	33:20	Donald	Aresenault	21:13	<b>6:51:00</b>
	10:11	33:18	Abigail	Lamb	21:15	<b>6:51:00</b>
<b>25</b>	10:10	33:16	Charlie	Hudson	21:17	<b>6:51:30</b>
	10:10	33:15	Carol	Kelly	21:18	<b>6:51:30</b>
	10:10	33:14	Matthew	Jordan	21:19	<b>6:51:30</b>
	10:06	33:01	Kenny	Ledin	21:32	<b>6:51:30</b>
	10:05	32:59	Robert	Murphy	21:34	<b>6:51:30</b>
	10:04	32:54	Bob	Kanash	21:39	<b>6:51:30</b>
	10:02	32:50	Lorraine	Fano	21:43	<b>6:51:30</b>
<b>26</b>	09:59	32:40	PJ	Bonner	21:53	<b>6:52:00</b>
	09:56	32:28	Bianca	Kelley	22:05	<b>6:52:00</b>
	09:54	32:21	Ron	Killian	22:12	<b>6:52:00</b>
	09:53	32:20	Jennifer	Giusti	22:13	<b>6:52:00</b>
	09:53	32:19	JT	Frucci	22:14	<b>6:52:00</b>
<b>27</b>	09:50	32:09	Janet	O'Connor	22:24	<b>6:52:30</b>
	09:47	32:00	Dan	Inglis	22:33	<b>6:52:30</b>
	09:45	31:53	Kevin	Colby	22:40	<b>6:52:30</b>
	09:44	31:51	Micheal	Grafton	22:42	<b>6:52:30</b>
	09:44	31:50	Matthew	Grafton	22:43	<b>6:52:30</b>

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M/M	Best Time			Delta	Start	
	09:44	31:49	Hunter	Grafton	22:44	<b>6:52:30</b>
	09:41	31:41	Cathy	Kilgallen	22:51	<b>6:53:00</b>
	09:38	31:31	Kayla	Reis	23:02	<b>6:53:00</b>
	09:35	31:21	Amy	Carlson	23:12	<b>6:53:00</b>
<b>28</b>	09:33	31:15	Brian	Kilgallen	23:18	<b>6:53:30</b>
	09:33	31:14	Mary	Stetson	23:19	<b>6:53:30</b>
	09:32	31:12	Clayton	Gardner	23:21	<b>6:53:30</b>
	09:30	31:03	Mado	Mbuyamba	23:30	<b>6:53:30</b>
	09:23	30:40	Ed	McGowan	23:53	<b>6:54:00</b>
	09:21	30:34	Stephanie	Tose	23:59	<b>6:54:00</b>
<b>29</b>	09:19	30:28	Alex	Youngworth	24:05	<b>6:54:00</b>
	09:17	30:22	Ashley	Sullivan	24:11	<b>6:54:00</b>
	09:17	30:20	Michael	Supple	24:13	<b>6:54:00</b>
	09:15	30:16	Les	Laputz	24:17	<b>6:54:30</b>
	09:10	29:59	Kristen	Gullier	24:34	<b>6:54:30</b>
<b>30</b>	09:08	29:53	Jim	Dupont	24:40	<b>6:54:30</b>
	09:08	29:52	Maya	Metri	24:41	<b>6:54:30</b>
	09:07	29:50	Jeff	Sweeney	24:43	<b>6:54:30</b>
	09:06	29:47	Julie	Sargeant	24:46	<b>6:55:00</b>
	09:04	29:40	Ian	Hudson	24:53	<b>6:55:00</b>
<b>31</b>	09:03	29:37	Melissa	Sullivan	24:56	<b>6:55:00</b>
	09:00	29:27	Steve	Lauzier	25:06	<b>6:55:00</b>
	08:59	29:22	Jennifer	Hodgen	25:11	<b>6:55:00</b>
	08:58	29:20	Amy	Solomon	25:13	<b>6:55:00</b>
	08:57	29:17	Kara	LeClair	25:16	<b>6:55:30</b>
	08:55	29:08	Jenn	Barry	25:25	<b>6:55:30</b>
<b>32</b>	08:55	29:08	Patricia	Everett	25:25	<b>6:55:30</b>
	08:55	29:08	Maura	Lamb	25:25	<b>6:55:30</b>
	08:51	28:55	Stephen	Mitchel	25:38	<b>6:55:30</b>
	08:48	28:47	Jenn	Rose	25:46	<b>6:56:00</b>
	08:47	28:44	Beth	Goldrosen	25:49	<b>6:56:00</b>
<b>33</b>	08:46	28:39	Greg	Driscoll	25:54	<b>6:56:00</b>
	08:44	28:33	Kathryn	Shroff	26:00	<b>6:56:00</b>
	08:42	28:27	Cassandra	Clancy	26:06	<b>6:56:00</b>
	08:42	28:27	Rio Voses	Kernan	26:06	<b>6:56:00</b>
<b>34</b>	08:37	28:09	Margaret	Dockery	26:24	<b>6:56:30</b>
	08:33	27:59	Sarah	Flanagan	26:34	<b>6:56:30</b>
	08:26	27:34	Julie	Appel	26:59	<b>6:57:00</b>

### 2017 Hdcp Starting Times (Abington)

	M/M	Best Time			Delta	Start
<b>35</b>	08:25	27:32	Corinne	Fortin	27:01	<b>6:57:00</b>
	08:24	27:29	Janet	Fitzgerald	27:04	<b>6:57:00</b>
	08:24	27:27	Nick	Wanderley	27:06	<b>6:57:00</b>
	08:23	27:26	Kristen	Burm	27:07	<b>6:57:00</b>
	08:23	27:26	Mary	Geary	27:07	<b>6:57:00</b>
	08:23	27:26	Stu	Weiner	27:07	<b>6:57:00</b>
	08:23	27:24	Margaret	Ferreira	27:09	<b>6:57:00</b>
	08:22	27:22	Natasha	Medeiros	27:11	<b>6:57:00</b>
	08:21	27:18	Linsay	Behenna	27:15	<b>6:57:00</b>
<b>36</b>	08:20	27:14	Steven	Wood	27:19	<b>6:57:30</b>
	08:19	27:13	Vivy	Bonner	27:20	<b>6:57:30</b>
	08:18	27:10	Nathan	Hill	27:23	<b>6:57:30</b>
	08:18	27:10	Greg	O'Connor	27:23	<b>6:57:30</b>
	08:18	27:07	Megan	Grzybinski	27:26	<b>6:57:30</b>
	08:16	27:01	Kyle	Perry	27:32	<b>6:57:30</b>
	08:14	26:57	Tim	Carey	27:36	<b>6:57:30</b>
	08:14	26:57	David	Fortin	27:36	<b>6:57:30</b>
	08:13	26:53	Ally	Grzybinski	27:40	<b>6:57:30</b>
	08:13	26:51	Jeff	Ferreira	27:42	<b>6:57:30</b>
	08:12	26:48	Walter	Healy	27:45	<b>6:57:30</b>
	08:11	26:46	Janice	Mullaney	27:46	<b>6:57:30</b>
<b>37</b>	08:11	26:44	Cheryl	Marquardt	27:49	<b>6:58:00</b>
	08:09	26:40	Rebecca	Stevens	27:52	<b>6:58:00</b>
	08:08	26:37	Heather	Wiencko	27:56	<b>6:58:00</b>
	08:04	26:24	Kayleigh	Brennan	28:09	<b>6:58:00</b>
	08:04	26:24	Michelle	Ladonne	28:09	<b>6:58:00</b>
	08:03	26:20	Kayla	Martin	28:13	<b>6:58:00</b>
<b>38</b>	08:01	26:14	Kevin	McDonald	28:19	<b>6:58:30</b>
	08:01	26:12	Paul	Dabene Jr.	28:21	<b>6:58:30</b>
	08:01	26:12	John	Furtado	28:21	<b>6:58:30</b>
	08:01	26:12	Rachel	Sullivan	28:21	<b>6:58:30</b>
	08:00	26:10	Tran	Strong	28:23	<b>6:58:30</b>
	08:00	26:09	Jean	Galluccio	28:24	<b>6:58:30</b>
	08:00	26:09	Nicole	Robinson	28:24	<b>6:58:30</b>
	07:59	26:07	Caitlin	Ryan	28:26	<b>6:58:30</b>
	07:58	26:03	Dennis	Sykes	28:30	<b>6:58:30</b>
	07:56	25:56	Nick	Lamb	28:37	<b>6:58:30</b>
	07:55	25:54	Owen	Lamb	28:39	<b>6:58:30</b>

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	M/M	Best Time			Delta	Start
	07:55	25:53	Paul	Ghelfi	28:40	<b>6:58:30</b>
	07:52	25:43	Andrew	Burbine	28:50	<b>6:59:00</b>
	07:51	25:39	Deidre	Grzybinski	28:54	<b>6:59:00</b>
	07:50	25:36	Robert	Steeves	28:57	<b>6:59:00</b>
<b>39</b>	07:46	25:23	Leah	Bailly	29:10	<b>6:59:00</b>
	07:45	25:21	Thomas	Yellope	29:12	<b>6:59:00</b>
	07:45	25:20	Emma	Grzybinski	29:13	<b>6:59:00</b>
	07:45	25:20	Jim	LeBarron	29:13	<b>6:59:00</b>
	07:43	25:15	Christina	Ridge	29:18	<b>6:59:30</b>
<b>40</b>	07:41	25:06	Scott	Supple	29:27	<b>6:59:30</b>
	07:38	24:58	Justice	Martins	29:35	<b>6:59:30</b>
	07:38	24:56	Warren	Wiridajaja	29:37	<b>6:59:30</b>
	07:37	24:53	Nicholas	Olivera	29:40	<b>6:59:30</b>
	07:36	24:50	Ryan	Littlefield	29:43	<b>6:59:30</b>
	07:35	24:47	Ron	Gates	29:46	<b>7:00:00</b>
<b>41</b>	07:30	24:33	Arthur	Brady	30:00	<b>7:00:00</b>
	07:28	24:24	Ryan	Hayes	30:09	<b>7:00:00</b>
	07:21	24:02	Paula	Edwards	30:31	<b>7:00:30</b>
	07:20	23:58	Pat	Grzybinski Sr	30:35	<b>7:00:30</b>
<b>42</b>	07:20	23:58	Jill	Strathdee	30:35	<b>7:00:30</b>
	07:19	23:57	Stacy	Cooper	30:36	<b>7:00:30</b>
	07:19	23:57	David	Leclair	30:36	<b>7:00:30</b>
	07:17	23:49	Patrick	Lambe Sr	30:44	<b>7:00:30</b>
	07:16	23:46	Gregory	Killian	30:47	<b>7:01:00</b>
	07:11	23:30	Jeff	Bandini	31:03	<b>7:01:00</b>
	07:11	23:30	Stephen	Shinney	31:03	<b>7:01:00</b>
<b>43</b>	07:09	23:24	Steven	Collins	31:09	<b>7:01:00</b>
	07:08	23:20	Owen	Sharpe	31:13	<b>7:01:00</b>
	07:08	23:19	Maxx	Tubon	31:14	<b>7:01:00</b>
	07:08	23:19	Courtney	Grzybinski	31:14	<b>7:01:00</b>
	07:07	23:16	Calder	Perry	31:17	<b>7:01:30</b>
<b>44</b>	07:02	22:59	Dana	MacFaun	31:34	<b>7:01:30</b>
	07:01	22:57	Martha	Compton	31:36	<b>7:01:30</b>
	07:00	22:54	Ashley	Betts	31:39	<b>7:01:30</b>
<b>45</b>	06:56	22:40	Robert	Hegedus	31:53	<b>7:02:00</b>
	06:50	22:20	Bophi	Kolwaite	32:13	<b>7:02:00</b>
	06:48	22:13	Thomas	Dorr	32:20	<b>7:02:30</b>
<b>46</b>	06:47	22:12	Brendan	Whalen	32:21	<b>7:02:30</b>

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	M/M	Best Time			Delta	Start
	06:40	21:48	Michael	Hayes	32:45	<b>7:02:30</b>
<b>47</b>	06:37	21:37	Brendan	McLoughlin	32:56	<b>7:03:00</b>
	06:32	21:23	Brendan	JeanJaquet	33:10	<b>7:03:00</b>
	06:28	21:09	Joe	Rego	33:24	<b>7:03:30</b>
<b>48</b>	06:28	21:09	Matthew	Hayes	33:24	<b>7:03:30</b>
	06:28	21:09	Matthew	Hayes	33:24	<b>7:03:30</b>
	06:26	21:02	Patrick	Lambe Jr	33:31	<b>7:03:30</b>
<b>49</b>	06:19	20:39	Patrick	Grzybinski	33:54	<b>7:04:00</b>
	06:12	20:18	Brice	Tolan	34:15	<b>7:04:00</b>
<b>50</b>	06:06	19:56	Kevin	Fischer	34:37	<b>7:04:30</b>
	06:03	19:48	David	Krall	34:45	<b>7:04:30</b>
<b>51</b>	05:55	19:22	Mike	Smith	35:11	<b>7:05:00</b>
<b>52</b>	05:50	19:06	Mike	Russo	35:27	<b>7:05:30</b>